Health and Safety in VR Use

Physical safety and health warnings that every User must be aware of before using a virtual reality headset with Yoy simulators.

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CLASSIFICATION
Public

VERSION
1.0

01. Purpose of this document

Addressed to every User of a headset and to the instructors or supervisors in charge of the sessions. This document describes a **physical risk**, distinct from the processing of personal data — it complements (and does not replace) the Terms and Conditions and the Privacy Policy. It applies to any Yoy simulator used with a VR headset.

02. General risks of using virtual reality

Dizziness or motion sickness

Using VR can cause dizziness, nausea, headaches or disorientation, especially at the start or during long sessions. At the first sign of any symptom, stop using it immediately and rest.

Photosensitivity and seizures

A small percentage of people may experience dizziness, seizures or loss of consciousness when exposed to certain light patterns, even with no prior history. If you or a close relative has a history of epilepsy, consult a doctor before using the headset.

Physical space

Using VR requires a clear space, free of obstacles, furniture, cables or uneven surfaces, to avoid knocks, falls or collisions with the surroundings. Respect the minimum area indicated by the headset manufacturer.

Supervision of minors

Where the User is a minor, the headset must be used under the supervision of a responsible adult (an instructor or supervisor designated by the Organization).

Equipment hygiene

The headset must be cleaned between different Users following the manufacturer's hygiene recommendations, to avoid transmitting skin or eye conditions.

Hardware care

Do not expose the headset to direct sunlight or to sources of extreme heat — it can damage the device's display.

Stopping use

If at any moment you feel unwell, lose your balance, experience blurred vision or any unusual symptom, remove the headset immediately and end the session.

03. User acknowledgement and the Organization's responsibility

By using the VR headset and accessing Yoy's simulators, the User (or, if a minor, their parent/legal guardian or the educational Organization that authorises them) acknowledges having been informed of these warnings, having no health conditions that could be aggravated by the use of virtual reality without having consulted a doctor, and using the equipment in a suitable and safe physical space. Use of the headset is voluntary and at the User's own responsibility, without prejudice to Yoy's obligations under the Terms and Conditions.

> **The Organization's responsibility**
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> The Organization that administers the use of the VR simulators (school or company) is responsible for: (a) informing its Users of these warnings before first use; (b) keeping a record of that acceptance where applicable; (c) designating appropriate supervisory staff when Users are minors; (d) providing a physical space suitable for safe use of the equipment, in accordance with section 07 of the Network and Infrastructure Technical Requirements (physical environment requirements for the hardware).

04. Contact

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